

Hosted by: Pam Spindola 2112 Omega Dr., Santa Ana 92705 (714) 544-6588

THE OVAL POND...

Dennis Lynaugh, 2012 IKS President



O ur meeting in July was attended by 49 Inland Koi Society members. The meeting was held at Miguel and Kelly Sierra's in Murrieta. Based on the forecast, I was concerned about the weather because at the time it was in the 90's at my home in Woodcrest. I

was pleased that the weather in Murrieta was really pleasant and enjoyable to everyone; it demonstrated what the "Wine Weather Zone," which I have heard about for years, is all about.

Our guest speaker was Shawn McHenry from Mystic Koi & Water Gardens. He told us how he got into the koi business — through the back door at 19 years of age. His parents had opened a fish and water garden business and he helped out. He ended up going to Japan to negotiate buying koi and has become an expert since then.

n Saturday, October 27, we will be having a bus tour to several interesting places. The tour will leave from Scott-Marrin Inc. in Riverside, and the first stop will be at Mission San Luis Rey de Francia in Oceanside to see their new koi pond and visit the historic mission area. We will then move on to the Pacific Ocean and have lunch at Ruby's Diner, located at the end of the Oceanside Pier; the view from there is fantastic, pleasing and relaxing. The tour will then go on to Meadowbrook Village, a retirement/assisted care complex located on 25 acres in Escondido. We will be treated to a huge koi pond which is 140,000 gallons in size and has an authentic 85-foot-tall Dutch windmill. The setup is to bring a relaxation point for village residents. The trip will end back at Scott-Marrin Inc. in Riverside with every one talking about the enjoyable tour.

am looking forward to this month's meeting at Pam Spindola's home and will be excited to see you all there.

Dennís Lynaugh Dennis Lynaugh - IKS President

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AUGUST POND & HOST PROFILE

Pam Spindola in Santa Ana Area

A re you curious as to what kind of koi the elite American Koi Judges own? Do you wonder what kind of people they are and what interests them? You've probably seen Pam Spindola, our hostess this month, at one of the IKS General Meetings, but didn't really notice her. She is a purist, quiet natured, loves a challenge and is very inspiring. Not only is she an AKCA Judge with high credentials, but she is a woman of many accomplished dreams and experiences.

Pam was certified as a judge by the Associated Koi Clubs of America (104 chapters) in 2004, having equaled the highest test score ever achieved for certification. She is a member of IKS, the Santa Ana Nishiki Koi Club (30 years) and the Southern California Chapter of Zen Nippon Airinkai (27 years). She not only judges in many koi (*Cyprinus carpio*) competitions, but she also responds to scores of speaking requests. In the world of koi, Pam has held an array of key club leadership positions including president, secretary, and show chair. She was a member of the original AKCA Board of Directors.

Formerly editor-in-chief of *Koi USA Magazine*, Pam also held editorships for *Water Gardening Magazine* and *Pond and Garden Magazine*. She has written numerous articles for major koi and gardening periodicals, and co-authored *The Ultimate Koi*, published in the UK.

Before becoming a judge, her dazzling fish won countless competitions. Pam raised her champion fish from small size rather than entering large ones purchased as "instant winners." Judging has not stopped her from the enjoyment of selecting and growing out small koi that develop into marvelous specimens.

Pam's history with koi goes way back. She started entering koi shows in 1976. She has been an integral part of spreading information and koi knowledge ever since. Ed Fujimoto was the original founder and editor of *Koi USA Magazine* and was AKCA's first president. Five families helped organize about 10 clubs across the nation and started the AKCA (Associated Koi Clubs of America). Pam and her husband, Bob, were good friends with Ed. Originally, she helped Ed with the black & white, folded-by-hand, separated-by-zip-code style of Koi USA and proofread most of it. When AKCA bought the magazine, they went to color and she was editor for a year.

There are two ponds in Pam's lovely yard. One, in the front, is called the Varsity Pond; it is a 5,000-gallon concrete pond. It has a bottom drain that gravity flows to a settling chamber. A pump pulls water from the settling chamber and pushes it to a filter-slash waterfall that has matala matting. There is also a pump for water changes that will distribute pond water to Pam's many plants in her back yard. The other pond, in the back, is called the J.V.; it's a 2,500-gallon liner pond. It has a bottom drain and skimmer that are pumped by a ¹/₄ hp Lim pump to a filter and foam fractionators, and back to the pond through UV's. The J.V. designation is football for, 'not quite ready for the big game', and that is where Pam starts her newbie koi. Then, if they turn out to be spectacular, they move up to the varsity pond.

The Varsity and J.V. names go back to the days when she, a new Spanish teacher, met, fell in love with, and married fellow teacher Bob, the high school football coach (a Little All-American football star at California State University, drafted by the Los Angeles Rams). As far as the Rams are concerned, Bob liked to say, "I had a cup of coffee with them." Pam and Bob were thoroughly devoted to each other from the time they fell in love until separated, in 1998, by Bob's death following a 15-year battle with cancer.

Pam has two degrees, a BA in English and her Masters in Spanish.

She is a prolific writer. For a sample of her craft, go to <u>http://</u> <u>www.watergardenersinternational.org/journal/5-1/pam/page1.html</u> to see her story, "Koi Hunting and Achieving a Dream: Pam Spindola Makes A Journey of the Spirit to Japan." It is a good way to glimpse what our program will be this month and to see personally her incredible koi pictures before coming to hear her!

The day we drove down to interview Pam, the temperature in Riverside was 104°, but in Tustin it was 98° in the sun and 88° in the shade. Her yard is surrounded by shade trees, plus we will have the EZ-Ups. Fear not the heat; it will be a relaxing and enjoyable day! Please bring an item to share in the potluck (thank you beforehand), and your chairs. Don't forget, reservations can be made for the IKS October Bus Trip at this meeting.

See you on Sunday, the 26th, Larry & Debby Leverett, IKS Newsletter Editors Peggy Milfeld, Assisting Editor



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AUGUST 2012 / ISSUE 194

Hosted by Miguel & Kelley Sierra in Murrieta

Partying at Miguel & Kelley Sierra's was a treat; their home is designed for total comfort and relaxation. Oh, right! We weren't partying... we were meeting with all our koi friends, all 49 of us. We filled the back yard but certainly weren't overcrowded or uncomfortable, and there was lots of shade and the every-afternoon-breeze that refreshes that area.

JULY GENERAL MEETING

E verything was ready for us, including a big buffet table and the kitchen counters for the bountiful potluck that always shows up — more this month that we could finish! To make traffic flow better, Kelley had us enter through the family room, pass through the house to the kitchen, and go out the side door, so we got sneak peaks at how beautifully the Sierra's have decorated their home. Mary's monthly birthday cake celebrated **Carl Leever** and **Tim Card** — Happy birthday! Guys.

Receiving visitors is always fun, and we welcomed *Richard & DeeDee Henry*, new in April, who brought his brother *Floyd* because he's in the planning stages of building a pond. *John Johanson* was introduced, and he accused *Debby Leverett* of 'forcing' him to join IKS at the pond tour. It was good to see *Phil & Rachel Hunter* again — it's been <u>so long</u>! Other guests included Kelley Sierra's parents, *Bill & Dee*, Larry & Dorothy Wolf's kids, *Charlotte* and *Wesley*, and Robert & Deanna Fales' lovely daughter *Robin*.

C onsidering Robin... late in the day she set up a laptop so we could view a virtual tour of the Fales' koi pond. You may recall a couple of articles in previous newsletters suggesting a "Virtual Pond Tour" to homes of members' who couldn't host a meeting or lived too out-of-the-way to be on a real tour. Robin is the first to embrace the idea and did a beautiful power-point presentation of their pond... with an ulterior motive. She is experienced and very talented in the art of power point and has offered to hire herself out to

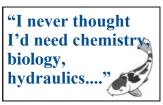
create such a show for any of our members. She will put your photos and information into a presentation for \$75, which would help her buy some of her books as she heads to UC Irvine the end of September as a chemistry major! She is willing to take the photos, too, but would have to ask more for that service.

Robin has the time now to do this for anyone interested. She used about 30 photos in her sample, including some taken during construction. Give her a call, (951) 847-4421, or email her at robin.fales@yahoo.com

Veryone applauded our hosts as Miguel and Kelley stood on the gazebo steps for the pond talk. Being called to focus on it, I was mesmerized by the water cascading off the top level of the waterfall as if it were a sheet of glass. Three or four years ago, it was a smaller, 300-gallon pond for plants and goldfish, but Miguel wanted larger fish. That local raccoons were serving themselves regularly became an excuse to expand to 1200 gallons and a depth of four feet, enough for an assortment of koi with a good mix of colors and sizes. It is also a haven for birds in the shallows and showers, for crows, cats, egrets, possums and raccoons; no deer yet... The pond was self-built, with help from club members, books, and Mystic Koi. They were disarmingly cute, Miguel explaining how he would like to have a bigger, more impressive filtration system while Kelley stood smiling beside him, eyebrows raised, and shaking her head emphatically "No!"

Pointing out that not every job comes with the privilege of regular travel to Japan, Mac introduced our guest speaker, **Shawn McHenry** from Mystic Koi in Upland. As people often question how he got so involved with koi, he chose to share "**My Journey with Koi: Motivation, Progression, and Changing Perceptions.**" Shawn grew up in the Chino area with stepdad Bill DeBrosky. They were introduced to koi at Disneyland and Knott's, and it seemed reasonable to want to put a water feature in their yard. Bill worked in aerospace then, so there were weekend-warrior sessions digging through the clay soil of Chino. Shawn was in Jr. High, facing the usual disconnect from parents, but the pond kept them united, at least in purpose. The first koi Shawn got was a \$7 Shiro Bekko, low on the scale of popularity but somehow apropos to a Chino kid: it was his *cow koi* — a nice Holstein — and he named it Buttercup. In the 16-17 years he's had it, that fish has grown just four inches!

In the mid-90's, when aerospace kind of tanked, Bill thought to reinvent himself and open a koi shop, leasing some vacant land and creating a koi-less water garden. It was a slow journey to develop the shop. They bought koi domestically, from Ken at Barstow and Scoggins at



Newberry Springs, then they discovered Pan Intercorp* in Washington state and began buying imported koi from them. Finally, they decided to try buying direct from Japan themselves. And so, at a mere 17, Shawn found himself alone on a plane, being shipped off to Japan to "find connections, meet breeders, and negotiate deals!" He attended a seminar with breeder Sakai as speaker, and *Koi* magazine did an interview with "the little white guy who was interested in koi." He was invited to meet Hoshino — 50 and speaking no English; Shawn at 17, speaking no Japanese — who was patient to a fault over sake at a bar (which is where the Japanese do much business). Shawn connected much better with Hoshino's son, who spoke better English, and it was Hoshino's desire that the two young men pair up and "do business for a very long time..." the Japanese way.

Once in a lifetime you meet a person who will change your life, and surely Hoshino was that person for Shawn and Mystic Koi. Now there have been 14 year of annual trips for the fall harvest in October, as well as trips to the Philippines, to England and across the US, and to Australia, where koi are

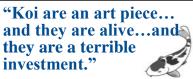
now illegal because of the threat they pose to native fish when "freed" into rivers and streams. His love and appreciation of a black and white 'cow' fish has turned into a love affair that Shawn passionately enjoys sharing. He encouraged members to build that love into their own children through interaction, by taking them along when they shop for koi, to shows and tours and auctions, so that they become the future of our hobby.

N aturally there were some questions for Shawn. Asked about a 'loner', a solitary koi that avoids every feeding frenzy and has not grown in a couple of years, he noted that koi do or can have very distinct personalities. As for the lack of growth, consider his old Shiro Bekko, which was always the size of a two-year-old....

S o we gradually wound up the meeting, with Nick calling out the raffle numbers. Bob Henry won a couple of times and our visitor, Floyd Henry, was pleased to be called, as were Joy, Mac, Sandy, the Fales, and even little Ricky, Miguel and Kelley Sierra's son. We should look forward to seeing Floyd Henry again, as his brother Richard came up with him and explained that he has a 15'x20' pond, but "I didn't do it right." Now Brother is thinking about building a pond, too, but he wants to "learn about it before he builds it!" No one was inclined to leave too quickly, but hung around to chat as the day cooled off. A huge *Thank you!* goes to Miguel and Kelley for opening their lovely home to us for the afternoon. We'll be way out on the west side next month, and we'll see what the weather brings!

Respectfully submitted by Peggy Milfeld, Secretary

*Koi.com — the on-line home of Pan Intercorp, America's premier importer of quality Japanese Koi. In addition to providing retailers and hobbyists with the nation's largest selection of Japanese koi, koi.com also offers unparalleled educational resources such as a Koi Encyclopedia/Talking Dictionary, the Tategoi series and Unique Koi series of articles. Check it out!







Inland Koi Society's Koi Person of the Year is an honor given in recognition of a person or couple who has made a significant contribution to koi keeping or to the club during the past year. Each year IKS members vote to recognize a fellow member who has "gone the extra mile" towards the

success and vitality of the Inland Koi Society. In April, **Orville & Sandy Hansen** were chosen as Koi Persons of the Year 2012. Be sure to congratulate them when you see them. It is an all-around THANK YOU and APPRECIATION from our club!



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SUMMER POND TIPS / SUGGESTIONS

As The Year Winds Down...



Koi's oxygen requirement is generally believed to be a concentration of around 6 parts per million (PPM) of oxygen in the water.

In 1959, A Krogh, in his "The Comparative Physiology of Respiratory Mechanisms", showed that a 200 gram Koi requires 100 milliliters of oxygen per kilogram per hour. His tests on a 70,000 gram man showed we require 200 milliliters of oxygen per kilogram per hour at rest, which jumps to 4,000 ml/kg/hr at maximum work levels.

Not to confuse you with all this math, essentially, Koi need a lot of oxygen; almost as much as humans do when resting. <u>http://www.coloradokoi.com/koi_oxygen.htm</u>

BRETT FOGLE - MACARTHUR WATER GARDENS / SUMMER POND TIPS / WWW.MACARTHURWATERGARDENS.COM

Low Oxygen levels Kill Fish

Use an oxygen tester and air stones to keep your available oxygen level to at least 7.0 parts per million of dissolved oxygen in 90°F water. Koi and goldfish start showing signs of stress at oxygen levels of 4.0 ppm and will start dying at 3.0 ppm. The higher the water temperature goes the less oxygen that's available. Water temperatures over 90 degrees will also affect fish health so keep the temperature under control by providing shade during the hottest parts of the day.

It's Parasite Season

Warm water causes an increase in parasites such as anchor worms, fish lice or flukes. Some parasites such as anchor worm and fish lice are visible and can be treated with Dylox, Dipterex or Masoten. Invisible parasites such as external protozoa and flukes can not be seen but they usually cause symptoms including extra thick mucus, constant scratching by rubbing against objects, flashing, or jumping. Some variations will cause a noticeable head shaking and yawning. Contact your pond specialist for treatments because different symptoms are indicative of different infections. Follow label instructions at all times or you could cause serious injury or death to your fish.

Summer Koi Feeding Tips

If your water is between 70 to 85°F, then feed a low protein food in a quantity that is equal to 1.0% to 1.5% of total koi body weight in pond. Estimate total koi body weight in pond and feed recommended % of food daily based on season and water temperature divided into intervals

of about 2 to 2½ hours. It takes koi about 2 to 2½ hrs to digest food in warmer water and 4-8 hrs in colder water when feeding is begun. So in warmer ideal water temperatures feed 5-8 times daily the individual portions totaling daily amount needed. In cooler temperatures feed 1-3 times daily.

Sun Block for Your Koi

Koi are not immune from sunburn, especially in shallow ponds that get direct sunlight. Provide shade such as water lilies or a rock overhang. Even a beach umbrella will do in a pinch.

Watch for Evaporation

Depending upon the surface area of your pond, you can lose several inches per day to evaporation. Monitor and adjust your water levels daily or as necessary. Remember, do not use water with chlorine in it if you have fish!

Five Quick Tips for Healthy Summertime Water

- 1. Ensure that you have good mechanical and biological filtration and that your pump will turn the pond water over totally at least twice per day.
- 2. Operate the pump 24 hours a day.
- Provide adequate shade by having 60 to 70% of the pond's surface area covered with floating plants or other types of shade.
- Add water clarifiers and bottled bacteria if your water remains cloudy even when good filtration is present.
- 5. Test oxygen levels daily and add air stones if levels fall below 7 PPM

We hope you enjoyed these tips. Thanks for reading!



"I overheard you say to mom that you wished you lived on a pond so you could do more fishing. I was going to surprise you." "Editor Note= HA! I wish the kids would surprise me with digging... but for a koi pond. WOW!!! ©©

WHERE DID ALL THE O2 GO? By David Jones, KHA

Whether you have a big Koi Pond filled with show stoppers or something more modest, the main ingredient - water - needs some extra attention during these hot summer days. A "Red Flag" should go up for any fish keeper as air temperatures hover at the century mark, and pond temperatures reach 85F. Higher temperatures create changes in water parameters; the most troubling are swings in the amount of Dissolved Oxygen (D.O.) in the water which can become life threatening for our fish. Let's review some back-ground facts about D.O. and some ways to improve our water quality during summer.

Maximum D.O. is dependent on water temperature and atmospheric pressure. Here are some numbers to put it in perspective: The air that we breathe has 21% oxygen, which translates to 210,000 parts per million (ppm). As the atmospheric air presses down on the surface of our ponds, only a miniscule amount of oxygen diffuses into the water to become D.O. At a pond temperature of 50F, oxygen saturation is 11.5 ppm, at 70F it's 9.0 ppm, and at 90F. the most oxygen that water can take up is 7.5 ppm. In reality, as the pond goes through its diurnal cycle (daylight/dark), D.O. amounts are less. The dilemma here is that warmer water can't hold as much oxygen, but the fish and other pond organisms need more oxygen due to higher metabolism. Here is the D.O. "User Group" that take oxygen out of the pond:

- Higher water temperatures cause fish to have a higher metabolism, be more active, eat more food, create more solid waste and ammonia, and grow more. Their need for more O2 is - 24/7
- Nitrifying bacteria in the biofilter use O2 during the conversion of ammonia into nitrates. -24/7
- Biological Oxygen Demand (BOD) O2 to feed the bacteria that break down mulm, uneaten food, fish slime coat, decaying plant and algae materials, feces and other solid waste. - 24/7
- · The "respiration" process of photosynthesis in plants and algae consumes lots of O2 at night.

 Overcast weather, thunderstorms and other "Low Pressure" events decrease D.O. – Any time.

Looking over that summary, you can see that most of the pond's oxygen demand is steady over 24 hrs. However, the high oxygen demand of plants and algae during darkness will create a significant low in D.O. in the early morning. In fact, oxygen starvation on summer mornings is a leading cause of fish deaths. So, to be good fish keepers, we must add oxygen to our ponds to supplement that provided by the atmosphere. The most effective way to do this is to stir up the water to provide more interaction between the air and the water - just like nature does with wind and waves. Here are some man made and "natural" ways that add D.O. to a pond:

- Design elements such as pond surface area, waterfalls, streams, trickle and shower filters, spray bars, venturis, fountains, and anything that brings water molecules in contact with the air. 24/7
- Pumped air through airstones, diffusers, and air lifts brings deeper water to the surface. 24/7
- The process of Photosynthesis in plants and algae produces O2, but only during daylight hours.
- Clear skies and "High Pressure" atmospheric conditions. Mostly good weather during summer.

Yes, we can and must use all possible means to add D.O. to the pond, but we still have to be aware of the possibility of very low D.O, in the early morning. How can we tell if our pond is about to run low on oxygen? We can measure D.O. with a test kit or meter, or we can observe the fish for abnormal behavior. Our fish get stressed when D.O. is low - they may not eat, they may show red streaks in their fins, they may have their mouths open and gill covers flared and spend more time at the surface and near the waterfall – the only areas where D.O. is higher in the morning, - then return to deeper water as photosynthesis increases D.O. later in the day. If you see these behaviors - your D.O. may be borderline.

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THE INLAND KOI CONNECTION

READY FOR SEPTEMBER MINI AUCTION *Fishy-Fishy /Welcome New Members*

Quarantine System for Auction in September

At our September meeting, Spike Cover will give a presentation on Quarantine, what it is and why we should do it. Also at that meeting, we are fortunate to have a very nice, like-new, complete quarantine system (donated by Patricia Hurley and Koi Organisation International) to be auctioned off at the end of the meeting. Its new value is \$650 and the bidding will start at \$200. Here's a preview of the system and more details will be in our September Newsletter.





~ HERE, FISHY - FISHY ~

JULY/AUGUST 2004 ISSUE OF THE WATER GARDEN NEWS

~~Pond owners' pet names are as colorful as the fish. A koi named Quasimodo? Goldfish called Larry, Moe and Curly? Fish names go beyond the standard Goldie and Spot, according to a recent online survey conducted by The Water Garden.~~

Respondents to the poll submitted the names of their fish, which ranged from the cute - Nemo and Dory from the animated underwater film "Finding Nemo" - to the wacky - Big Rhoda and Monterrey Jack. We wondered if water gardeners named their fish the way people name cats and dogs. We found that not only does it seem that people give their fish names, but they're pretty serious about it - one pond owner has 130 fish and has named every single one of them! While Goldie and Spot were the overwhelming favorites among those polled, some of the names submitted, like Filet O. Sole, were decidedly unique. The movies provided many fish names, like The Soggy Bottom Boys, who were inspired by George Clooney's musical group in the film "O Brother, Where Art Thou." A Western-loving water gardener in Canada called his goldfish Butch and Sundance after the characters played by Paul Newman and Robert Redford.

Even fast food commercials influenced the monikers chosen by some people, like Crunchy, Chewy and Cheesy, owned by a woman who let her youngest son name three of her fish after the Taco Bell ad. This same pond keeper also has a fish she calls Not For Sale. "When we first tried to buy it, that's what the salesman told us," she said. Some pond owners went for themed names for their fish, like Liberty and Justice for a pair of koi acquired over Independence Day weekend.

Several water gardeners took the Japanese heritage of their koi seriously, coming up with names they felt honored the origins of their fish. "We have a 3-year-old male koi who's named 'Toshi'," wrote one respondent, "short for Toshiro Mifune, the '60s movie star of Japanese samurai films."

Fish were also frequently named in honor of favorite celebrities, including Elvis, Marilyn Monroe, Prince Charles, and even Mary-Kate and Ashley after the Olsen twins.

While many water gardeners name their fish for fun, one respondent noted a more practical reason for christening his fish: "We find names extremely helpful when noting the different habits and problems a fish might have."

FROM IKS EDITOR: *Send me a name or names that you have for your koi, and perhaps the reason. Don't worry about spelling or format because I'll edit what I feel is necessary, alright? Just a few words, for example...

"My favorite koi is named JOCK because (I assumed the gender was male) he was a Gin Rin Kujaku and stole my heart. He/she has spawned however, but I just <u>can not</u> seem to change the name. Then, we have PEARL because she is a Platinum Ogon; as white and opalescence as a <u>pure</u> pearl."

<u>I HOPE TO HEAR FROM YOU!</u> Then I'll print results in the Newsletter! Debby = jenniferdl1950@hotmail.com

WE WELCO	OME S	YOU
New Members	C ΙΤΥ	JOINED
PATRICK BUSBY	RIVERSIDE	06 - 12
AIKO HOWO	REDLANDS	06 - 12
JOHN JOHANSON	MARCH ARB	06 - 12
LINDA LAWHON	REDLANDS	06 - 12
EBEN & SONYS LONGFELLOW	Немет	07 - 12
TRICIA & STEVE PARKER	REDLANDS	06 - 12
ELIZABETH PRINCE & Randall Grommet	RIVERSIDE RIVERSIDE	06 - 12 06 - 12
LARRY SMERAGLIUOLO	Norco	08 - 12
PAT THOMPSON	RIVERSIDE	06 - 12
11/0		

IKS HOPES YOU ENJOY A FUN AND INFORMA-TIVE ASSOCIATION WITH OUR CLUB! FOR EXTRA HELP, QUESTIONS, OR INFORMATION, BE SURE TO REFER TO THE 'HELP LINE' ON PAGE TWO.





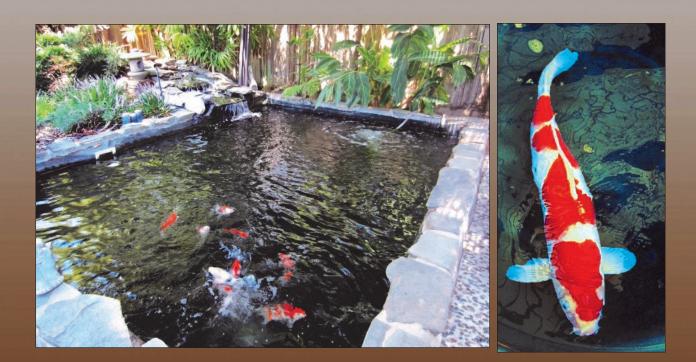
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Return Service Requested





Pam says, "Welcome! Come right in for a visit. I'll be glad to introduce you to some of my favorite koi..."



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